



Nebraska Action Coalition

Shine Your Light Through Nursing Leadership and Board Service

by

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Primary Objective

Explore the value of nursing leadership in contributing effectively to governance and board service.

Specific Objectives

- **Assess passion for leadership and board service.**
- **Determine attributes for leadership and board service.**
- **Generate a plan to navigate ways you can bring Nursing's perspective to a board.**
- **Discuss Nebraska's role in the success of the 10,000 Nurses on Boards Coalition (NOBC)**

Which leaders do you admire?

- Colleagues
- Parents
- Teachers
- Local/state/national leaders

Where did you learn to lead?

Leah Curtin: Living Legend



Embracing Servant Leadership

Leadership

- **How do you become a leader?**
- **How do you become a better leader?**

Personal Strengths

- **Preparation and leadership experience**
- **Emotional intelligence**
- **Ability to listen and learn – and speak up**
- **Ability to activate and engage others**
- **Ability to accomplish goals**
- **Confidence (in self, decision-making, prep)**
- **Authenticity, Truthfulness, Transparency**
- **Servant Leader – sense of stewardship**

Emotional Intelligence

- **Emotional Intelligence (EI) is a set of emotional/ social skills that collectively establish how well we:**
 - **Perceive and express ourselves**
 - **Develop and maintain social relationships**
 - **Cope with challenges (“read the room”)**
 - **Use emotional information effectively**
- **A core competency for team-based collaborative relationships**
- **Good news – it can be learned!**

Talents You Can Bring:

- **Reputation as a leader and reasonable person**
 - **Organizational experience**
 - ***Finish what you start and do it well!!!!!!!!!!***
 - **Outcomes and recognitions**
- **Abilities to:**
 - **Network and bring people together**
 - **Earn others' trust**
 - **Collaborate – be a team player**
 - **Concisely communicate verbally/in writing**
 - **Craft policy from evidence and experience**
 - **Influence others to achieve goals**

Where Do I Fit In?

Assess yourself:

- **Personal strengths**
 - **Sense of stewardship – not a personal agenda**
 - **Accountability – to law and ethical standards**
 - **Responsibility – for decision-making**
- **Talents**
 - **Listening and thinking critically**
 - **Building connections**
- **Passion for a particular board**
 - **Mission is compatible with your values**
 - **Commitment despite demands on time**

How Do I Prepare Myself?

- Target strengths, talents, passions to board of interest
- Increase levels of responsibility – work/volunteer roles
- Seek broader organizational knowledge & experience
- Learn more about the board logistics
 - Attend meetings; study websites; READ
 - Interview current or past members
 - Seek a mentor who is or has been a board member
 - Mentor/mentee toolkit
- Create your personal strategic plan
- NETWORK- who do you know??????

Personal Plan Template

Strengths	Talents	Passions	Possible boards of interest	What's my contribution?	Learning/ Experience/ Relationships/ Actions needed	Timeframe

Discussion

Show of hands involvement on:

- **Unit committees**
- **Governance committees**
- **Professional organization /office**
- **Elected to a committee/office**
- **Participated in decision-making body**
 - **Local**
 - **Statewide**
 - **Regional**
 - **National**

Introduction to Nurses on Boards Coalition

- **Ensure 10K nurses on boards by 2020**
- **Raise awareness that boards benefit from nurses' unique perspective**
- **Important to health, efficient and effective health care systems at local, state & national levels.**

www.nursesonboardscoalition.org/

Tracking Board Service

NAC began tracking in 2013 with ***Nursing Leadership Survey*** of 1140 nurses to assess service on boards/decision-making bodies N= 551

10% increase every 2 years was goal of grants through RWJF

- 14% ↑ in January 2015
- 13% ↑ in January 2017

Every state has a state contact to meet individual state goals since early 2017 . Goal is to collaborate with NONL

Boards for Service

- State of Nebraska Governor appointed boards
<https://governor.nebraska.gov/board-comm-req> or
Kathleen Dolezal kathleen.dolezal@nebraska.gov
- Goodwill Industries
- Salvation Army – Council Bluffs (see me if interested)

Questions?

Plan to attend Nebraska Med's ***BOARD BOOTCAMP*** hosted by the

Nonprofit Association of the Midlands

Friday, April 6 from 12 -1pm (bring your lunch)

Buffet Cancer Center Room 0.12.103

References

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<http://campaignforaction.org/webinar/nurse-leaders-boardroom-skills-you-need-be-successful-board>

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Sandberg, S. (2013). *Lean In: Women, Work and the Will to Lead.* Alfred A. Knopf, New York.

Video - Nurse Leaders in the Boardroom: The Skills You Need To Be Successful on a Board <http://campaignforaction.org/webinar/nurse-leaders-boardroom-skills-you-need-be-successful-board>